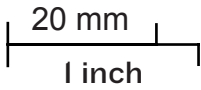


xamax



**CHECK YOUR
PRINT SIZE**



MEASURE YOUR BARE FOOT

PLACE TOES THIS END

PLACE HEEL THIS END

| | | | | | | | | | | |
|----|----|----|----|----|----|------|----|----|----|------|
| 6 | 7 | 8 | 9 | 10 | 11 | 11.5 | 12 | 13 | 14 | |
| 40 | 41 | 42 | 43 | 44 | 45 | 46 | 47 | 48 | 49 | |
| | | | | | | | | | | 32.2 |
| | | | | | | | | | | 31.5 |
| | | | | | | | | | | 30.9 |
| | | | | | | | | | | 30.2 |
| | | | | | | | | | | 29.5 |
| | | | | | | | | | | 28.9 |
| | | | | | | | | | | 28.2 |
| | | | | | | | | | | 27.6 |
| | | | | | | | | | | 26.9 |
| | | | | | | | | | | 26.2 |
| | | | | | | | | | | CM |

HOW TO CHECK YOUR SIZING

1. **Print this guide to 100%** and ensure the 2cm or 1 inch measuring line matches with a ruler.
2. Place your heel on the mark and check your heel alignment with a ruler
3. Mark the position of your longest toe on the chart. This may be your big toe or second toe.
4. Repeat steps 2 and 3 with your other foot
5. Allow between 6-14mm additional toe space from the end of your longest toe for optimal natural foot movement or toe caps - wider feet may prefer more than 14mm space and narrower feet may prefer just less than 6mm